FROM THE PRINCIPAL
MR DAMIAN MESSER

“As always we pray for all members of our community who may be suffering or enduring hardship of any kind at this time”.

Athletics Carnival
With the promise of perfect weather for the House Athletics Carnival tomorrow we are looking forward to a wonderful day of friendly rivalry and general camaraderie at the Athletics Centre. Naturally it is expected that all students will participate in this important off-campus day which will see our strong House spirit on full display. Parents are most welcome to attend – and yes, there will be a coffee van in attendance!
Subject Selection Evening
Thank you to all the families who attended the Subject Selection Evening on Tuesday night. It was great to see so many parents taking the opportunity of learning about the curriculum structure, viewing displays, collecting information on each subject and speaking with individual teachers.

SVC Community Football Luncheon
Last Friday all in attendance at the Football lunch enjoyed a wonderful afternoon of great food and excellent guest speakers. It was particularly pleasing to welcome back Old Virgilians David Noble (Football Manager, Adelaide FC) and Cameron Thurley who eloquently linked their time at the College to their journey in football, business and life. North Melbourne FC speakers Donald McDonald and Dino Imbriano were also exceptional and spoke glowingly of the relationship between the Kangaroos and Hobart. Thank you to Mr Mark Waddington, Mrs Tracy Moschogianis and Mrs Narelle Green for their organisation of the event.

OVA Lunch
The regular Old Virgilian’s lunch was held on Tuesday and as always, it was a good opportunity to catch up with some of the older members of our community. It was great to welcome some new faces and I would strongly encourage any past students to attend these lunches if available. Full details are available from the Old Virgilians website www.ova.org.au

Prayers
Our thoughts and prayers are with new staff member Mr Rohan Mitchell whose father passed away suddenly last week. May eternal rest be granted unto him.

As always we pray for all members of our community who may be suffering or enduring hardship of any kind at this time.

Babies
We welcomed two new babies to the College community this week with Mrs Jillian Norton giving birth to baby daughter Ella, and Mrs Renee MacGregor’s daughter Lexie being delivered. Congratulations to both these new mums and also to the recent arrivals of Jeremy and Megan Williamson’s daughter Martha and Mrs Melissa Thirgood’s son James.
Junior School Fair – September 14
Our Junior School annual Fair is on Sunday September 14 at 11am. The Fair provides a wonderful opportunity for all members of our community to come together and support our Patrick Street campus. The main focus of the Fair will be food and there promises to be a wide variety of choices available.

If you can assist on the day, please contact Mark Waddington, Junior School P&F President on 62496518 or mwaddington@stvirgils.tas.edu.au

Upcoming Events
September 5    Junior School Father’s Day Breakfast, 7.30 am
September 5    Old Scholars and St Virgil’s Band Concert, JPC, 7.30 pm
September 9    Austins Ferry School Photos
September 14   Junior School Fair, 11 am to 2 pm
September 21   College Race Day
November 17    OVA Charity Golf Day

In the spirit of Blessed Edmund.

Damian Messer

DEPUTY PRINCIPAL
MR TERRY BLIZZARD

“These games can be so compelling they become addictive”.

We look forward to tomorrow’s Athletics Carnival. This is one of the great annual College events where House Spirit is at its strongest. Good luck to all competitors and particularly good luck to all of the House Leaders who play such an important role in the day. My thanks to Mr Dalton for all his work in organising the day. A reminder to all boys to bring their own lunch and snacks.

Some parents may be aware of the name Andrew Fuller, a Clinical Psychologist who works with school communities in the area of student wellbeing and student engagement. I was taken by some of his “Hints to Improve Learning” when dealing with some issues recently with some of our boys. Whilst in no particular order, the following are certainly issues familiar to me at school and may be useful for parents:

- Video games are incredibly popular and give a sense of great mastery, challenge and involvement. Boys particularly use video games in a social
way. It is important to realise that too much playing of video and computer games can be negative. These games can be so compelling they become addictive. While some games require quite intricate problem solving, the skills learned on these games do not appear to readily transfer into other arenas of life. Very few of the games require creative problem solving or an opportunity to be an active participant in determining a story line. Some exposure to computer games is good. Too much though, can be toxic. Sadly, there is no research that tells us what the right amount of time spent of computer games should be so you’ll need to think about the balance of your child’s life and their range of activities and interests.

My advice is always that parents have the right to say “no more” and to set the boundaries.

- How much television should I allow my son to watch? A thirteen year old shouldn’t watch more than one hour a day. Bad news for those of you with older children! At 17 years of age the optimal amount of TV viewing is half an hour per day.

- How much sleep does my son need to succeed at school? A good night’s sleep (at least 8 hours) is essential for optimal brain functioning at school. Memory consolidation occurs during sleep especially during dream (or REM) sleep. During the normal 8-9 hours of sleep, five dream (REM) cycles occur. Adolescents getting only 5-6 hours of sleep lose out on the last two REM cycles and thereby reduce the amount of time the brain has to consolidate information. Teenagers need as much sleep as children, partly because their brains are doing so much development. Always remember there is no such thing as a sleep bank. So just because you slept 10 hours one night doesn’t mean you can get away with only sleeping six hours the next night. Students who don’t get enough sleep have to work much harder to do well at school.

I am surprised by how many of our boys are not getting sufficient sleep, particularly caused by late nights on social media.

Finally Fuller suggests that for parents to help to build three of the essentials skills for success at school (1. concentration, 2. memory and 3. Sequencing/getting things in the right order) the games that parents played with their sons when they were young are a great support. Games such as Snap, Uno, Concentration, Battleships, Monopoly, Chess and Jigsaw puzzles all play an incredibly important role in developing these three skills of success. Computer versions of these games are not as effective in helping children develop these skills. To really help your child to succeed at school every so often, switch off the TV, unplug the computer and pull out a game.
BOOK WEEK ACTIVITIES

What a fantastic celebration of reading was had at the Junior School last week to coincide with Book Week 2014. The theme of “Connected to Reading” really connected with the boys – and the staff! The boys enthusiastically participated in all aspects of book week with a lot of boys dressing up for the parade which was celebrated on both Thursday and Friday – a number of boys dressing up on both days. The standard of the book trailers was also exceptional with a wonderful display of work being shared with an appreciative audience at our assembly on Friday afternoon.

Congratulations and thank you to Ms Stary, Mrs Sutton and Ms Showers for their work behind the scenes to make this such an outstanding event. Congratulations also to all the staff and especially the boys and parents for their enthusiastic involvement in all of the activities.

“The tragedy of life is not that it ends so soon, but that we wait so long to begin it”

W.M. Lewis
ICAS Assessments
Earlier in the year, a number of boys were selected to complete the Writing and Spelling assessments. The boys performed well in this assessment with some pleasing results:

Writing results
Merit:
Grade 4: Will Lukianenko
Grade 5: Oscar Boyer
Grade 6: Liam Wilson

Credit:
Grade 3: Ayrton Cooke, Caerwyn James, Jensen Cooke, Jack Pritchard

Distinction:
Grade 5: Joshua Skelly

Spelling results
Merit:
Grade 3: Nicholas Skelly, Jensen Cooke
Grade 4: Will Lukianenko
Grade 5: Ryan Borsboom

Credit:
Grade 4: Lucien Foong, Sahib Singh
Grade 5: Oscar Boyer, Joe Powell
Grade 6: Aaron Cuison, Liam Wilson

Distinction:
Grade 3: Caerwyn James

Southern Maths Relay
Congratulations to our eager group of Mathematicians from Grade 5 & 6 who competed in the annual Maths Relay. The boys did very well getting up to question 20 having only passed on four questions. At the end of the weekend, the boys were placed a very credible 36th out of 61 school groups who competed. Well done Liam Wilson, Joe Powell, Riley Ringrose and Phoenix Robey.

House Athletics Carnival
Our annual House Athletics Carnival is to be held tomorrow, Friday August 29. The boys are aware of their activities and which races and divisions they have been nominated for. **As this is a school day, ALL boys are expected to attend and participate in the House Athletics Carnival.** Thank you to all those parents who have offered to help out with the successful running of the day.

Uniform
An area of great pride is the wearing of the College uniform. Most visitors to the Junior School comment on how good the boys look in their uniform and how well it is worn. However, recently, staff have noticed some of these standards dropping a little. We ask all parents to support the correct wearing of the uniform at all times – especially travelling to and from home. All boys should wear their blazer and cap to and from school (except Thursdays). On Thursdays, during Term 2 & 3, the full tracksuit is to be worn to and from school along with the cap. Please support the College in ensuring your son is wearing his uniform correctly. If there is a problem with uniform, a diary note or email to your son’s teacher communicating this would be appropriate.
Afternoon pick up in Patrick Street
A number of parents and staff have described some unsafe practices that are occurring whilst parents/guardians are picking up their sons in Patrick Street. The staff are aware of the difficulty of adequate parking in Patrick Street and the surrounding streets – unfortunately this is the reality. However, your son’s safety is of paramount importance to everyone connected with the College. Therefore, anyone who is to pick up your son is asked to ensure that they follow the law by:

- NOT double parking;
- NOT doing U turns; and
- NOT parking on the opposite side of the street and motioning for your son to cross unsupervised.

All boys at the Junior School have been told that they MUST act under the direction of the teacher on duty in the afternoons. Please support your son and they staff by following these points and helping to ensure a safe departure from the Campus.

Harrington Street Bus Stop
As a follow on from the above in regards to picking up boys in Patrick Street, a number of parents, for a range of reasons, pick up their son in Harrington Street (in front of St Mary’s College) which is also the shared bus stop. In recent times, a number of parents have been parking in the designated bus zone. This type of behaviour must stop immediately. Parents need to abide by the road rules that are in place to ensure the safety of all. We need to model acceptable behaviour to all students. Parking in the designated bus stop area also delays the departure of the buses and could put children from the three Colleges that use the bus stop at risk of injury. Thank you in anticipation for your support in this regards.

Woodwork
A number of boys have nailed together their bird house with the results looking fantastic. All boys will finish up their bird house project next week as this coincides with Grade 6 Ws last week of woodwork. The boys should be very proud of their achievements in constructing their birdhouse.

P & F Association
Junior School Fair update
The recent P & F meeting was a very productive one with discussion about the organisation of upcoming events:

- Father’s Day Stall – September 4
- Father’s Day Breakfast – September 5
- Junior School Fair – September 14

The boys have brought home over recent days information about these activities and also requests for support. Please ensure that these returns are sent in promptly so that adequate plans can be put in place to ensure successful, and enjoyable, events.

Library News
Book Swap Day
On Thursday September 4 the Library will host our inaugural Indigenous Literacy Book Swap. Students will be invited to swap a book for a gold coin donation. We would appreciate one or two good books that another boy might enjoy reading, and ones that your household is finished sharing. This will ensure everyone can swap. Bring in your books by Wednesday September 3.

A gold coin donation allows boys to participate in the book swap and all donations monies raised will go to support literacy levels and improve the lives and opportunities of Indigenous Australians living in remote and isolated regions.
Calendar update
Parents and guardians are reminded to subscribe to the College’s online calendar. The great advantage of this is that if there are necessary changes to dates these changes can be made immediately. Please check the calendar at: http://www.stvirgils.tas.edu.au/calendar/

Significant, upcoming events are summarised below:

**August**
- College House Athletics Carnival
- Tournament of the Minds Final
  - August 29
  - August 30

**September**
- P & F Father’s Day Stall
- Book Swap
- P & F Father’s Day Breakfast
- Father’s Day
- P & F Fair Meeting
- Clarence Eisteddfod – Choir
- Clarence Eisteddfod – Gr 5 & 6 Band
- P & F Junior School Fair
  - September 4
  - September 5
  - September 7
  - September 9
  - September 9
  - September 10
  - September 14

Junior School Sport

**Basketball**

**Grade 5/6**

**SVC Green** 24 defeated **Friends** 20
The team recorded their first win for the season in a nail biting clash with a determined Friend’s tea. With the scores tied at 20-all with three minutes to play the team needed to play tight defence and make the most of every opportunity. ‘Cometh the moment, cometh the man’ with Declan Cooke stepping up to drain a clutch two pointer. Great defence from Baker Smith, Harry Fisher and Hunter Cooke got the team across the line – well done boys!

**Player of the Week:** Declan Cooke for great attacking play and scoring the winning basket!

**Soccer**

**U/9 Blue**

**SVC Blue** 6 defeated **Princess Street** 1
The whole team performed well.

**Player of the Week:** Charlie Banks awarded for great attacking play all game.

**Basketball**

**Grade 5/6 Gold**

**SVC Gold** 45 defeated **Friends** 5 16
A great team effort.

**Player of the Week:** Angus Lipscombe awarded for great defence.
Junior School Canteen

Friday August 29
Wednesday September 3
Thursday September 4
Friday September 5

NO CANTEEN – SCHOOL ATHLETICS CARNIVAL
C Monks / R Smith
E Loveless / M Powell
F Nuss / R Ferguson

Help is needed for the following dates please;
October 23
November 27

If you can assist please contact Mrs Olga Leon – oleon@stvirgils.tas.edu.au

SPORT

Mr James Dalton
Director of Sport

2014 House Athletics Carnival

Date: Friday August 29
Venue: Domain Athletics Centre
Time: 9.30am – 3.00pm
All details at www.stvirgils.tas.edu.au/news

ACTING DIRECTOR OF LEARNING AND TEACHING
MR CAMERON ALEXANDER

Homework Club
Ms Claire Graham
All students are invited to attend ‘Homework Club’ each Wednesday after school. A number of teachers will be present to provide assistance in a range of learning areas. Homework Club runs from 3.15 pm to 4.15 pm and students will be provided with a Milo and snack prior to the session commencing.

For more details please email cgraham@stvirgils.tas.edu.au

SPORT

Grade 9 Soccer

SVC 2 lost to Friends Scarlett 4

Goals: Cassidy, Barrow 1.

Water Polo

Last Friday night the Grade 7&8 water polo was a classic with underdogs SVC Coutas getting up to defeat the SVC Sharks 7-3 in a wonderful game of water polo. Joseph McMullen was adjudged best player in the Grand Final however both teams are to be complimented on a great season. A full report will feature in next week’s edition of The Star.
Hints for House Athletics Carnival – Friday August 29

- It is a normal school day. Please catch your usual bus to school. Students will be transported from Austins Ferry and Patrick St to the Domain.
- Full Sports Uniform - House coloured top/Spacesuit essential!
- BYO FOOD & DRINK – No canteen is available.
- Hats and sunscreen a good idea! 18 Degrees!
- Grade 7/8 Football WILL be on. Please bring gear - transport is provided to venues after Carnival
- Get involved and have FUN!!!!!

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<tr>
<th>Grade/Time</th>
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<th>8</th>
<th>9</th>
<th>10</th>
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<td>9.30-10.20</td>
<td>100</td>
<td>400/800/1500</td>
<td>Long Jump</td>
<td>Shot/Discus/Jav</td>
<td>Novelty</td>
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<td>Novelty</td>
<td>400/800/1500</td>
<td>Long Jump</td>
<td>100m</td>
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<td>100</td>
<td>Shot/Discus/Jav</td>
<td>400/800/1500</td>
<td>Long Jump</td>
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<td>12.00-12.40</td>
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<td>Novelty</td>
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<td>400/800/1500</td>
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<td>1.30-2.40</td>
<td>Relays</td>
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COLLEGE COMMUNITY NEWS

Austins Ferry Canteen
Mrs Carol Hilyer

The Winter Menu is available on the website or students can obtain a copy at the Office or the Canteen.

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Marian MacLachlan</th>
<th>Lindy Laycock</th>
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<td>Monday</td>
<td>September 1</td>
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<td>Tuesday</td>
<td>September 2</td>
<td>Rachel Kyle</td>
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<td>Wednesday</td>
<td>September 3</td>
<td>Joanne King</td>
<td>Sally Crosby</td>
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<td>Thursday</td>
<td>September 4</td>
<td>Frances Terry</td>
<td>Colleen Stanford</td>
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<td>Friday</td>
<td>September 5</td>
<td>Linda Bennett</td>
<td>Tony Wylde-Brown</td>
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Uniform Shop
Mrs Cindy Gangell

2014 UNIFORM SHOP OPENING HOURS

SENIOR SCHOOL CAMPUS
Tuesday and Thursday 8.30 am to 3.30 pm

JUNIOR SCHOOL CAMPUS
Tuesday 8.30 to 9.30 am Thursday 2.00 to 3.30 pm

2014 Designs for apparel can be viewed at http://www.stvirgils.tas.edu.au/senior-school-grades-7-10/senior-uniform/

ONLINE ORDERS
All on line orders can be collected from recess (10.00 am) on Tuesday or Thursday at the Uniform Shop
If you have paid you order and you son does not collect his order on these day you may collect at the Front Office on Wednesday and Friday.
ST VIRGIL’S COLLEGE PARENTS & FRIENDS ASSOCIATION

Mrs Susan Roberts,
President

2014 Twilight Fair
Monday November 10, Austins Ferry, 5pm

The Fair is rapidly approaching and soon you will receive a number of letters detailing how you can assist the Committee make this a fantastic community event that benefits all boys at the College.

Please follow the link http://www.stvirgils.tas.edu.au/news-publications/ to download all Fair notices and see how you can get involved! Please mark the date in your diary!
2014 JUNIOR SCHOOL FAIR
102 Patrick Street, Hobart

Sunday September 14 2014
11am to 2.00 pm

Come and enjoy a great day of fun, food and friendship! Highlights include the ever popular chocolate wheel, games, toys, wine tastings and a range of food delicacies to tempt all tastes.

Kids will love all the fun of the fair and especially the exciting Nerf Tag arena, 3 v 3 soccer arena, lucky jars, extreme makeovers, badge making, toys and much, much more!

Please come along with all the family and spend a little – or a lot! All proceeds will go to the P&F for projects that benefit all students.
2014 Community Race Day

All members of the St Virgil’s College community are invited to attend a great day of friendship and fun at the annual Community Race Day. Come along and bring your friends to enjoy a sumptuous luncheon in the Members Dining Room whilst backing a few winners! Businesses can sponsor a race and have their business name publicised around the nation via the Racing Networks and daily newspapers.

DETAILS
When: Sunday September 21, 2014

Where: Elwick Race Course, Members’ Enclosure

Time: 11.30 am

Dress: Lounge Suit

Cost: $60 per person or $600 for a table of 10 people for a three course luncheon in the Members’ Dining Room.


For all enquiries regarding tickets or race sponsorship please contact the Director of Development Mark Waddington – mwaddington@stvirgils.tas.edu.au or 0429 990980.

- 2014 Instrumental Music Programme Enrolment Form
- University of Tasmania Open day Information – Sunday August 31, 10 am-3pm
- Redbanks School Mud Run Flyer
- 1,2,3 Magic Parent Workshops @SVC
- Australian Childhood Vision Impairment Register
- New Books in the Library – August 2014

*Mt Rufus Expedition and below SVC CycloCross race at Austins Ferry*
A WEEK IN THE LIFE OF THE COLLEGE

Each week boys at St Virgil’s College are involved in a wide range of exciting curricular and co-curricular experiences. These experiences provide a rich source of learning, fun and personal growth – here is just a snapshot of these activities, captured through the lens of Br Peter Flint and Mr Andrew Pinelli.

Additional photos can be accessed at: Svcpics.phanfare.com